



Newsletter

> THE E-NEWSLETTER FOR NEIGHBOURHOOD WATCH SUPPORTERS IN SUFFOLK

Welcome to the March edition of our newsletter.

March has brought us some quite wonderful warm weather, but please remember not to leave your windows opened if you leave your home. The warmer weather also increases the number of opportunistic crimes as well. Following last month's newsletter and our article on Community Activity ideas, we would love to hear of any events you might be planning, especially those that take place during Neighbourhood Watch week (30th May - 5th June)!

As always, please remember to check our "news" page on our website for updated news in between newsletter editions, and if you use social media, why not visit our [Facebook page](#), follow us and give us a "like".

We hope you enjoy the newsletter.

The Executive Committee

INSIDE THIS EDITION:

Cyber Security **PG 2**

Free Tickets to popular exhibition **PG 4**

Action Fraud **PG 7**

Burglary Prevention Campaign **PG 3**

Trading Standards **PG 5**

Crimestoppers **PG 8**

Have you got a story you would like to share?

Sharing your stories help give other schemes ideas that can help communities engage more. It's not always about crime and policing - but it's always about togetherness.

Send us your story via email to the Suffolk Neighbourhood Watch Association Comms team:



Thank you to all the schemes that send us their newsletters. You can send yours to comms@suffolknwa.co.uk

If you would like them uploaded to our website, just let us know!



Avast: Cyberhood Watch programme

Avast and Neighbourhood Watch are pleased to announce that Avast will continue to support the Cyberhood Watch programme in communities throughout England and Wales until at least May 2022.



With over a third of Neighbourhood Watch members believing that cybercrime is more of a threat today than physical crime, the initiative plays an important role in preventing cybercriminals from exploiting unsuspecting people with scams and malicious campaigns to commit fraud, steal personal information and spread online viruses throughout our local communities in the UK.



Working in partnership with Neighbourhood Watch, Avast delivers accredited training and the latest threat information to a team of highly dedicated Cyberhood Watch Ambassadors across the country.

Ambassadors act as the local point of contact for cybersecurity questions and concerns, sharing the latest information on threat insights and preventative cyber safety content for members to arm themselves against online harms.

Avast is proud to continue to support this initiative and enable Ambassadors to deliver this increasingly vital service to their local communities.

Community in Action: Support for Ukraine

NW in Palgrave has recently organised collections around the village and the local area of a list of items which they had been advised were urgently required for Ukraine.

Residents collected bags and boxes of a variety of goods and filled two cars plus a trailer and these were taken down to a warehouse in Diss for sorting and then onward transport to Ipswich freight forwarders, where they would then be driven to the Poland/ Ukraine border.



Think WIDE(N) to prevent burglary

WORRIED ABOUT BURGLARY? THINK WIDE(N)

- 👁️ **WINDOWS** LOCKED
- 👁️ **INTERIOR** LIGHTS ON A TIMER
- 👁️ **DOORS** DOUBLE OR DEADLOCKED
- 👁️ **EXTERIOR** LIGHTS ON A SENSOR
- 👁️ **(NEIGHBOURS)** KEEP AN EYE OUT



Supported by
ERA



Neighbourhood Watch Network is a charity registered in England & Wales, CIO no. 1173349

Research shows two thirds (67%) of people are worried about their home being broken into, yet there are simple, proven measures we can all take to reduce our chances of becoming a victim of burglary by up to 50%.

To help you be and feel safer at home, the Neighbourhood Watch Network have joined forces with their longstanding primary smart security partner, ERA Home Security, to run a THINK WIDE(N) burglary prevention campaign, highlighting the simple evidence-based WIDE measures which can be taken in any home on a variety of budgets.

Member discount

In addition, as a thank you for your continued support of Neighbourhood Watch, ERA is offering a discount of 10% off all alarm kits using the code NHW2022. Take advantage of this offer by **31st March 2022**.



10% off all alarm kits
with code NHW2022

Shop now

ERA

[Visit ERA's website](#)





FREE tickets to the National Homebuilding Show

For expert advice, impactful masterclasses and innovative home products book two free tickets to the National Homebuilding & Renovating Show.



Book two free one-day tickets and visit the National Homebuilding & Renovating Show at the NEC Birmingham between Thursday 24 and Sunday 27 March. Try out thousands of products for the home from over 400 exhibitors or get all the building and renovation advice you need from the experts.

Find out about smart home systems and renewable energy at the Masterclass Theatre. Advice on interior design, kitchens, bathrooms, renovations and extensions is at the Home Improvement Theatre. The Self-Build Theatre addresses in-depth topics from a beginner's guide to renovation to how to manage tradespeople. And drop by for free DIY advice from hanging doors to skimming walls from the tradesmen at DIY Doctor.

Get free one-on-one advice from property experts Michael Holmes and Jason Orme; eco expert David Hilton; design expert Allan Corfield, builder Andy Stevens and planning expert Sally Tagg at the Advice Centre.

Or book two free one-day tickets to Homebuilding & Renovating Shows in

- Surrey (25-26 June)
- London (30 September -2 October)
- Harrogate (4-6 November)
- Somerset (19-20 November)

using this link: <https://national.homebuildingshow.co.uk/neighbourhood-watch>

*For Neighbourhood Watch members or those living in a Neighbourhood Watch area

Homebuilding & Renovating Show



SUFFOLK
TRADING
STANDARDS



Beware: Rogue Traders

There have been recent reports of a trader approaching properties in Lowestoft offering to clean their driveways.

At one property the resident declined the service but then found the trader carrying out the work without permission. The trader attempted to charge £650, but thankfully the resident stood their ground.

Where you approached? Please contact us with any further information.

Do not deal with doorstep callers offering work on your home or garden, and never pay in cash.

Check that the tradesperson is from the company they say they are from.

Ask for quotes in writing.

Ring more than three traders to get a feel for an average price for the job.

Remember traders must give you written notice of your right to 14 days cancellation when agreeing to do work at your home, including work gained from a cold call.

If you believe a doorstep crime is happening or about to happen call us on 0808 223 1133 or the police on 101 or 999 in an emergency.

WhatsApp: Message based Scams

A photograph of a hand holding a smartphone. The screen shows a WhatsApp message with a profile picture and a name. Overlaid on the image in large, white, bold, sans-serif capital letters is the text "STOP. THINK. CALL.".

STOP. THINK. CALL.

Almost three fifths of Brits (59%) say they have received a message-based scam in the last year - or know someone who has. According to recent research, these types of scam messages have been sent both via SMS text message (46%), or WhatsApp (13%), and unfortunately appear to be increasingly common.

WhatsApp, Citizens Advice and the National Trading Standards' Friends Against Scams are working together to launch STOP. THINK. CALL., a new campaign to help educate people on how to protect themselves and their WhatsApp account from message-based scams. [Read more](#)



Top Tips: Competition & Marketing Authority



THE ONLINE
RIP-OFF

TIP-OFF

Don't let sneaky sales tactics push you into parting with your cash – be aware of what's happening on the websites and the apps you use. To find out more, stay up to date and learn how to shop confidently, head to [gov.uk/ripoff-tipoff](https://www.gov.uk/ripoff-tipoff)

Child Exploitation: How to help report abuse

Exploitation can happen anywhere.

Any child can be exploited. Exploitation happens everywhere. It happens in public spaces like hotels, train stations and shopping centres, but it happens online too.

If you are witness to or are aware of children being subject to abuse or exploitation, you can take action.



Call the police to report exploitation or abuse

Text British Transport Police
when on a train to report exploitation or abuse

Call Crimestoppers
to anonymously report exploitation or abuse

Call the NSPCC
for advice and support if you're concerned about a child

The
Children's
Society



Action Fraud: Information



For more of the government's latest advice on how to stay secure online, visit the Cyber Aware website: ncsc.gov.uk/cyberaware

actionfraud.police.uk/report-phishing

Spotted a suspicious email?

report@phishing.gov.uk



The police will never...

-  Contact you to ask for your PIN or bank details
-  Ask to withdraw cash to hand over to them for safe-keeping
-  Ask you transfer money out of your account for fraud reasons
-  Send someone to your home to collect cash, PINs, or cards



Suffolk Crimestoppers: Safer Communities

Safer Communities

Together we can call out crime.

Have information about thieves operating in your community?

You can speak up and remain 100% anonymous. Always.

Campaign partner:

CrimeStoppers.

0800 555 111

100% anonymous. Always.

crimestoppers-uk.org



Suffolk Crimestoppers have recently initiated a leaflet drop specific to the Ipswich Westgate Ward area as part of the Safer Streets initiative. The project is initially covering 10,000 households.

